## **DEVASWOM BOARD COLLEGE, THALAYOLAPARAMBU**

NAAC Accredited with 'B<sup>+</sup>' Grade (2<sup>nd</sup> Cycle, CGPA 2.60) in 2017

(Affiliated To Mahatma Gandhi University, Kottayam)



## INSTITUTIONAL VALUES AND BEST PRACTICES DISTINCTIVENESS

MIDAYIKKUNNU P. O., THALAYOLAPARAMBU KOTTAYAM, KERALA, PIN 686605 www.dbcollegethal.org, e-mail: <u>dbprincipal@gmail.com</u> Phone: 04829-236136 Giving FIRST AID training to the students has been identified as the unique feature of the institution. Our institution takes great pride in offering comprehensive first aid training to all students upon joining. This distinctive feature not only equips our students with essential life-saving skills but also exemplifies our commitment to the well-being of society. By reaching out to the community through first aid education, we foster a strong and positive rapport between our institution and the society we serve. This inclusive practice empowers our students to become compassionate and responsible individuals, making a meaningful impact on the lives of others, both within and beyond our institution's walls.

Title of the practice is *Sukrutham*, which means "*Good deeds done with good heart*" First aid is a life preserving act which is given in cases requiring urgent medical attention. The main aim of this initiative, organized every year by IQAC in association with Department of Physical education, was to give first aid training to all the students who are completing the UG and PG courses from this institution. Batch wise training is given to the students for making the programme more effective. This is a humanitarian action aims to protect and save lives, prevent and alleviate human suffering and meet the basic needs of the population from a vulnerability reduction and capacity-building perspective.

By extending our helping hands to the needy people in the society, we firmly believe in the power of compassion and empathy. Understanding the importance of community engagement and collaboration that foster a strong sense of trust and mutual respect with the members of the community.

In practice, this act provides immediate and effective assistance, first aid can be the critical link between an emergency situation and professional medical help, ensuring the best possible outcomes for those in need. It empowers individuals to become proactive and responsible members of society.

First aid is a crucial and indispensable aspect of emergency care that holds immense importance in safeguarding human lives. It involves providing immediate assistance to individuals who have suddenly fallen ill or sustained injuries until professional medical help arrives.

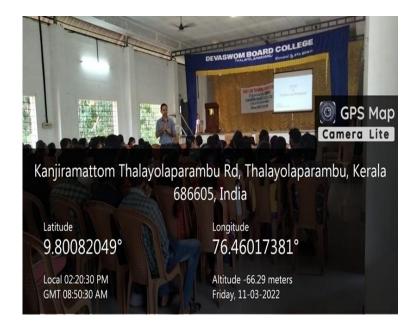
Promoting the widespread awareness and training of first aid is an investment in the well-being of individuals and the community as a whole. This mission encompasses far more than just offering a helping hand to the needy. It is about building a compassionate and supportive community that values inclusiveness and embraces diversity. Together, we can create a society where everyone feels valued, respected, and empowered to thrive. We believe

that by embodying these principles, we can make a meaningful and lasting impact on the lives of those we serve.



Workshop conducted by IQAC –A practical session on First Aid under the banner SUKRUTHAM





Expert addressing the gathering